

Helping Individuals Face Life-Changing Events with Hope Filled Solutions!

Meredith Bromfield

Meredith has had a varied career as an author, workshop speaker, counselor, life coach, teacher and financial advisor. She started as a teacher to deaf and severely handicapped children; from there she became a counselor in drug and alcohol, marriage and career counseling. After having 4 children she found herself in financial services for over 20 years where she developed



Building Your Financial House as a way to help her clients understand the financial arena. In 2006, after her mom had a stroke, she developed the **Create a Legacy** program to help her and others when faced with a caregiver role. Meredith soon realized as the economy changed that there were many individuals who were struggling with life changing events – losing ones' job to changing careers, she created **Finding Your Passion** and **Dare to Prosper**.

In 2006, Meredith started her own business to focus on inspiring individuals to live lives with intention rather than default when various challenges enter into their lives. She has developed self-help tools to help anyone who is facing a life-changing event. She has also developed a series of books, workshops, live-coaching sessions, newsletters and weekly words of wisdom so that even when they can't access Meredith directly her tools can help them on a daily basis. Meredith is an idea person and when someone is struggling with a life-changing issue she comes up with options. Her desire to bring hope filled solutions to each and every person who needs it. This what motivates her to speak and conduct workshops.

Life-Changing Choices provides **practical advice** from deeply personal examples. Ms. Bromfield has openly laid out her weakness, **providing a foundation for others to build their strength**. This shows great courage, and a **sincere desire to help others** on their self-improvement journey. A very valuable read!

Pierette Simpson | Award Winning Author

Meredith's Speaking Style:

Meredith leads her audiences with a dynamic, fast-paced mix of very practical how-to information delivered with a dose of inspiration and motivation. Her infectious energy and upbeat personality will help your organization and its members.

For a sample of Meredith work, visit
www.CrossingYourBridge.net

TO BOOK MEREDITH FOR YOUR EVENT:

Meredith Bromfield | 630.618.9400
info@CrossingYourBridge.net | www.CrossingYourBridge.net

What Clients & Participants are Saying:

The **Words of Wisdom** about simplicity was "very profound!"

Kim Cosentino
Professional Organizer

After looking at the web site for "Crossing Your Bridge", I scheduled Meredith Bromfield to come and give her speech on "God, Money and You". Her **thought-provoking statements made us re-evaluate how we think** about money, riches, and God's place in all of that.

Some of the women who had just attended the meeting, "out of duty" to the group, confided in me afterwards that, "**this talk was exactly what I needed to hear**, right at this time!" Meredith **has the ability to show**, by personal example, **how we can change our lives for the better**. With **humor and empathy**, she **brought people out of their comfort zones** to be able to open up to new ideas.

This speech went over so well that we are **inviting her back** to give her speech on "Finding Your Passion".

Sandy M.
St. John's UCC
Mokena, IL

Meredith's most popular and requested programs:

Creating A Legacy

There are "**four basic pillars**" of a family legacy. In our workshop, we discuss the importance of each of these pillars. **Our team understands** that you **want your life or the life of a loved one to have mattered**. Each of the pillars is unique and must be addressed or can create undue stress in the lives of loved ones if left for chance. Our goal is to help individuals who have so much to share to **give them a voice** through our legacy program.

Building a Financial House

This workshop is very **hands on** and visual. Using a basic diagram of a house, we start with a description of what is included in the "pillars" and "foundation" to **making your money grow**. We describe to you which money decisions can create sinkholes and destroy a financial house. By participating in this workshop, you will **find out what it takes** to set up the "main rooms" for the first floor (emergency funds, wills, protection), second floor (retirement), and third floor (college and home). We also include the attic, which is all about dreams and goals, and we share the **8 Principles of Getting Whatever You Want**. This workshop is designed for someone who struggles with understanding how money works, whether you are a teenager or finding yourself handling the finances for the first time. There is something for everyone to help them improve their financial situation.

Finding Your Passion

Finding Your Passion is a Journey, not a Destination, and is all about **finding where your real joy lies**. It is about **creating a treasure map** to your soul. Passion is a life-force, an energy that once reckoned with and harnessed can create an unbelievable, awesome and terrific life. **Where are you today?** Are you living a life that has harnessed that passion in your life? Are you at a point in your life where you can retire and now you wonder what you really want to do when you grow up? Then this seminar is for you. **Come join the adventure and harness the energy and create your dream life**. Passion's Tremendous Life-Force is about living your life with intent, and not living by default!

Other popular topics:

Life-Changing Choices

Your Stress Free Life NOW

Dare to Prosper

Getting What You Want

God, Money and You

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For Your Next Event:**

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Meredith is **thought provoking**. Her workshops encourages one to look in depth at what makes one tick.

*Jack Beuse, Realtor,
Paradigm Real Estate
Colorado Springs*

Thank you for doing the program at the ANW meeting. It was incredible. You can express your passion so beautifully.

*Bente Rasmussen
Investment Adviser,
World Financial Group*

You are a **breath of fresh air**. I truly look forward to working with you.

*Lenore Gall
Leadership Development Committee
Chair ALTAFF*

Partial List of Previous Speaking Engagements:

- American Library Association – ALTAFF division
- Association of Networking Women – Chicago area
- Bolingbrook Chamber of Commerce
- Chamber of Commerce – Tri-Lakes, (Colorado)
- Evergreen Park Public Library
- Fountaindale Public Library
- Living Water Community Church – Bolingbrook
- New Lenox Public Library
- Oak Brook Community Church
- Oak Lawn Public Library
- Primerica Financial Services
- "Sales Pro" International - Colorado Springs
- St. John's Women's Group – Mokena
- Realtors Association – Chicago
- RR Donnelley - Chicago
- Rotary Club – Bolingbrook
- Woodridge Park District